2018 Spring Cheerleading Tryouts
March 31, 2018 (New Students)
April 21, 2018 (Current Students)

SAVANNAH STATE UNIVERSITY

3219 College Street
Savannah, GA 31404
www.ssuathletics.com
Greetings! Thank you for expressing interest in Savannah State University cheerleading. SSU cheer squads support the athletic teams at Savannah State University by creating an enthusiastic environment. The cheerleaders also represent the University at a variety of alumni, community and charitable events. Being selected as a member of the team is a privilege and should be held in the most esteem regard. A Savannah State cheerleader represents the University and should display a positive and courteous attitude and demeanor at all times.

The 2018-2019 academic year will be filled with many new and exciting things. You have made a great decision trying out. During the tryout process, you will be evaluated based on how much POTENTIAL you have to become a collegiate cheerleader and to contribute to the team. A few factors that will be considered when measuring your potential are sideline presentation/showmanship, tumbling skills and stunting skill level and execution. I encourage you to put your best effort into the evaluation process.

Please read the packet in its entirety. Make sure you have completed the required documents fully and submit them by the deadline. If you have any questions, feel free to contact the head coach, grantt@savannahstate.edu or 912-358-3152 (office). Thank you for choosing Savannah State University. Best of luck and I look forward to hearing from you soon.

Sincerely,

Timothy Grant
Head Cheerleading Coach
Savannah State University – 2018 Tryout Registration Form

Student Number (915#): __________________________

Name: ___________________________________________ Age: ______

First Middle Last

Date of Birth: _____/____/_______

Are you currently enrolled at Savannah State University? Yes___ No___

New Students: Have you been accepted to Savannah State University? Yes___ No___
(Attach a copy of your acceptance letter.)

Cumulative GPA: ____ Current Classification: Freshman___ Sophomore___ Junior___ Senior___

Contact Information

Address: __________________________________________

Street

City State Zip Code

Phone Number: __________________________

Email Address: __________________________

Have you cheered at Savannah State University before? Yes___ No___

Cheerleading Experience

High School: ________________________________

Coach Name: ________________________________ Phone Number: __________

College: ________________________________

Coach Name: ________________________________ Phone Number: __________

All-star: ________________________________

Coach Name: ________________________________ Phone Number: __________
General Requirements

1. Must be a current full-time student at SSU or already accepted as a new, re-admit or transfer student for the Fall 2018 semester. Current students must have proof of enrollment and new, re-admit and transfer students must submit a copy of your acceptance letter.

2. Must possess and maintain at least a 2.5 cumulative GPA. This applies to all students.

   - Sports physical no more than 6 months old,
   - Sickle Cell Trait Status
   - Copy of insurance card, front and back.
   - SSU Athlete Try-Out Assumption of Risk, Waiver of Liability & Indemnity Agreement.

4. You must complete the tryout packet in full and submit all required documents by March 26, 2018 for new students and April 9, 2018 for current students.

5. Required documents can be submitted the following ways;
   - Mailed to: Timothy Grant, Head Cheerleading Coach
     Savannah State University
     P.O. Box 20271
     3219 College Street
     Savannah, GA 31404
   - Emailed to: grantt@savannahstate.edu
   - Faxed to: (912) 358-3682
   - Hand delivered: Timothy Grant, Head Cheerleading Coach
     King Frazier Room 226 (Inside the Student Affairs Suite)

6. You MUST attend the tryouts on March 31st, 2018 (new students) and April 14, 2018 (current students) at Tiger Arena on the campus of Savannah State University. No exceptions will be made.

7. Must attend for the duration of the sessions. If you leave before you're officially dismissed by the head coach, you will not be considered of the team.
Tryout Requirements

1. **Tumbling**
   - **Required Skills**
     Standing back handspring series
     Round off tuck
   - **Desired Skills**
     Standing back tuck
     Round off back handspring tuck

   NOTE: You will not be allowed to have a spot to perform any tumbling skills during tryouts. No exceptions to this requirement will be made.

2. **Fight Song**
   Execution, sharpness, precise motion placement and showmanship...

3. **Cheer(s)**
   Accurate motion placement, sharpness, showmanship, projection, the ability to effectively lead a crowd...

4. **Dance**
   Execution, sharpness, energy, showmanship, accuracy of the material...

5. **Stunts**
   - **Base:** Must have correct technique and strength to build various stunts; must be able to perform minimum levels of stunts; must be able to be both main and side base...

   - **Back spot:** Must have correct technique of back spotting various stunts; must be able to spot and cradle from any level of difficulty...

   - **Flyer (top):** Must have correct technique and strength to build and execute various stunts; must be able to express confidence and lead a crown from a stunt; must be willing to try various levels of stunting; must be able to perform one legged elite and transitional sequences...

***All tryout material can be found on the SSU Athletic YouTube page. ***

https://www.youtube.com/user/SAVSTATETIGERS
Attire

The following attire is required attire for both day of tryouts.

- Plain white sports bra or tank top
- Plain Black cheer shorts
- White cheer shoes
- Hair should be up and off your shoulders with a hair bow.
- No jewelry of any kind is permitted.

****No exception. If you are not in compliance with the required attire, you will be not be allowed to tryout.****
Video Tryouts

For spring 2018, video tryouts will not be allowed. You are more than welcome to submit videos however, they will not be used to determine team placement. You must be present on the campus of Savannah State University on March 31, 2018 or April 14, 2018 to be considered as a member of Savannah State University Cheerleading.

Videos can be emailed to grantt@savannahstate.edu.
Roles and Responsibilities

For the 2018 – 2019 season, Savannah State University cheerleading will have two types of members, competition and gameday. Below is the specific role of what each member is responsible for fulfilling during the season.

Competition Member
- competition team
- football games (home & away)
- men’s basketball games
- special performances and appearances
- public appearances and interviews

Gameday Member
- volleyball games
- women’s basketball games (home only)
- no football games, unless selected by the head coach
- no special performances and appearances, unless selected by the head coach
- no public appearances and interviews, unless selected by the head coach
- no competition team, unless selected by the head coach
Scholarships/Book Vouchers

For the 2018-2019 academic year, scholarships and book vouchers will be offered.

They will be awarded at the discretion of the head cheerleading coach. Some factors that will be considered when awarding scholarships and book vouchers will be as follow:

- Advanced tumbling skills
- Advanced partner stunting skills
- Exceptional academic achievement

If awarded a scholarship and/or book voucher, you will be notified prior to the start of the 2018-2019 academic year. In order to maintain the award, you must continue to satisfy all general requirements to be a member of the team. Becoming a member of the team does not guarantee that you will be awarded a scholarship and/or book voucher.

Scholarships are confidential and should not be discussed with other team members. Your scholarship can be revoked anytime at the discretion of the head cheerleading coach. More information in reference to scholarships and book vouchers will be given if you are selected as a member of the team.
Important Dates

If you are selected as a member of the 2018-2019 SSU Cheerleading team, you will be required to attend the following camps. Camps are mandatory. Failure to attend will jeopardize your placement on the team.

- June 23, 2018 thru June 25, 2018
  SSU Spirit Camp
  Savannah, GA

- July 25, 2018 thru July 25, 2018
  Stunt and Choreography Camp
  Savannah, GA

- July 26, 2018 thru July 29, 2019
  NCA College Camp
  Louisville, Kentucky

- Campus Move-In Day
  August 4, 2018

- Pre-Season Camp
  August 5, 2018 thru August 10, 2018
  Savannah, GA

- First Day of Classes
  August 13, 2018
Transportation and Housing

Transportation and housing will be the responsibility of each student during tryouts. Here are a few local hotel suggestions for your convenience. You are not required to lodge at any of the hotels listed. This is only a reference to assist you with making arrangements if you need to stay overnight in Savannah.

1. Hilton Garden Inn Savannah Midtown
   5711 Abercorn St
   Savannah, GA 31405
   912-652-9300

2. Hampton Inn & Suites Savannah/Midtown
   20 Johnson St
   Savannah, GA 31405
   912-721-3700

3. Homewood Suites by Hilton Savannah
   5820 White Bluff Rd
   Savannah, GA 31405
   912-353-8500

4. Courtyard Savannah Midtown
   6703 Abercorn St
   Savannah, GA 31405
   912-354-7878

5. Country Inn & Suites by Carlson Savannah
   7576 White Bluff Rd
   Savannah, GA 31406
   912-692-0404

6. Spring Hill Suites Savannah Midtown
   11317 Abercorn St
   Savannah, GA 31419

Again, the hotels listed about are only a suggestion of places to lodge. Please note that you are responsible for your own arrangement.
FOR AND IN CONSIDERATION of the opportunity to try-out for participation in the Savannah State University (the "University") Athletic Programs, including utilizing the University's facilities, equipment, programs, and services, and engaging in all activities relating to the Athletic Program (collectively, the "Activities"), and other good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, Participant does hereby agree to the following:

Prerequisite Skills and Training. Participant hereby states that s/he is in good physical health and has no physical limitations that prohibit Participant from safely participating in a tryout for the University's Athletic Programs. Participant also states that s/he is not currently under the care of a physician who has limited Participant from running, jumping, or performing any other activities that may be included in the Activities. If Participant has been restricted from athletic participation in the past, Participant agrees that s/he has received permission from a physician to return to such participation.

Assumption of Risk. Participant acknowledges and agrees that in connection with Participant's participation in the Activities, whether in an active or spectator capacity, Participant is solely responsible for any injuries, illnesses, or damage to property. Participant shall be responsible for full responsibility for any injuries, illnesses, or damage to property. Participant accepts full responsibility for any injuries or damage to property that Participant may sustain in course of such Activities. The specific risks vary from one activity to another, but potential risk include, but are not limited to, scratches, cuts, splinters, bruises, sprains, strains, dislocations, broken bones, torn muscles, torn ligaments, joint injury, loss of vision, permanent paralysis, loss of bodily functions, or death. These risks may result from participation in the Activities, from the acts or omissions of others or from the unavailability of medical care. Participant acknowledges and agrees that in case of death, Participant's estate is not entitled to any compensation or settlement.

Waiver, Indemnity and Hold Harmless. Participant hereby releases, waves, discharges, indemnifies, covenants not to sue, and agrees to hold harmless for any and all purposes the Board of Regents of the University System of Georgia ("Board") and the Board of Regents of the University System of Georgia and any and all employees, officers, agents, representatives, contractors, subcontractors, or agents (hereinafter collectively referred to as the "Releases") from any and all liability, claims, demands, causes of action, losses, damages, property damage, property loss or theft, costs including court costs and attorneys' fees or injury, including death, that may be sustained by the Participant while participating in the Activities, whether caused by the negligence of the Releases or otherwise. Participant understands and intends that the Assumption of Risk, Waiver of Liability, and Indemnity Agreement is binding upon Participant and the heirs, executors, administrators and assigns of Participant.

Acknowledgment of Policies and Procedures. Participant recognizes the importance of following University staff and/or coaches' instructions regarding the tryouts, including, but not limited to, playing techniques, training, and team rules. Participant agrees to obey all such instructions. Participant further recognizes the importance of following instructions given by University medical staff regarding limitations or treatments that may be necessary for Participant's health and well-being.

Insurance. Participant understands that the University does not carry insurance to cover Participant's actions during the Activities and that the Participants will be solely responsible for any medical, health, or personal injury costs relating to participation in the Activities. Participant is required to have a medical physical examination to file in the Sports Medicine Department, as well as proof of health and accident insurance prior to any and all participation in the Activities. Participant agrees that if invited to join the University's Athletic Program for which s/he is trying out, Participant may need to undergo further medical evaluation by the University's Sports Medicine staff before officially being added to the Athletic Team's Roster.

Medical Care. Participant gives the University's medical staff and/or coaches permission to seek or to render emergency medical, rescue, or evacuation services for him/her should s/he become injured or ill while understanding that s/he is solely responsible for any expenses incurred.

Severability. Participant expressly agrees that the Agreement is intended to be as broad and inclusive as permitted by the laws of the State of Georgia and that if any portion thereof is held invalid, it is agreed that the balance shall notwithstanding, continue in full legal force and effect.

Team Roster. Participant agrees that participation in the Activities does not guarantee inclusion on the University's Athletic Program official team roster. Any such decisions shall be in the University's sole discretion.

Acknowledgment of Understanding. The undersigned has read, understands and accepts the terms and conditions stated herein, and understands that Participant is giving up substantial rights, including the right to sue Savannah State University or the Board of Regents of the University System of Georgia, or any of their employees, agents, servants, or employees. Participant acknowledges that s/he is signing the Agreement freely and voluntarily, and intends by his/her signature to be a complete and unconditional release of all liability to the greatest extent allowed by law. Participant further understands that acceptance of this agreement by Savannah State University and the Board of Regents of the University System of Georgia shall not constitute a waiver, in whole or in part, of sovereign immunity.

Participant Name: ____________________________ Date: ____________________________

Date of Birth: ____________________________ Name of Participant's Parent/Legal Guardian (if Participant is a minor): ____________________________

Participant Signature: ____________________________ Student ID #: ____________________________ Date: ____________________________

Signature of Participant's Parent/Legal Guardian (if Participant is a minor) Date: ____________________________
Savannah State University Intercollegiate Athletics
Pre-Participation Physical Screening Evaluation

Name ____________________  Gender: M  F  Age ______  D.O.B. ____________
Height ______  Weight ______  Blood Pressure ______ / ______  Pulse ______ bpm
Left Eye ______ / ______  Right Eye ______ / ______  Both Eyes ______ / ______  Corrected Vision _________

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For Physician Use Only
Posture Assessment ____________________________
Evidence of Marfan's  Present ______  Absent ______

Participation Status:

_______ Full Unlimited Participation in Intercollegiate Athletics

_______ Limitations (Explain) ____________________________

_______ Participation withheld until (Explain) ____________________________

Physician’s Signature: ____________________________
Examining Physician
Date ____________________________
Final Checklist

Please initial beside each item listed below. Your initial states that you have read and understand each general requirement to become a member of the 2018-2019 Savannah State University Cheerleading team.

The general requirements to become a member of SSU cheerleading are as follow;

1. Full-time student at SSU or new/transfer student, already accepted to SSU
   
2. 2.5 cumulative GPA
   
3. Completed registration form
   
4. Completed Athlete Assumption of Risk, Waiver of Liability & Indemnity form
   
5. Current physical no more than 6 months old
   
6. Copy of sickle test
   
7. Copy, front and back of insurance card
   
By signing this checklist, I acknowledge that I am fully aware of all of the general requirements set forth to be a member of the 2018-2019 Savannah State University cheerleading team. If I fail to meet any of the general requirements, I will not be considered to become a member of the team.

Name _______________________________ Date ___________________
The University

For 126 years, Savannah State University has been an important part of higher education. As the oldest public HBCU in Georgia and the oldest institution of higher learning in the historic city of Savannah, SSU has served this community with distinction while meeting the educational needs of an increasingly diverse student population.

The 201-acre campus is by far the most picturesque in the state of Georgia. The moss-laden sweeping oak trees, expansive marsh and historic architecture create a resplendent yet tranquil atmosphere. Beneath the beauty and splendor is a vibrant residential campus bursting at the seams with the vim and vigor of quality collegiate life: relevant academic majors, engaging lectures, cutting-edge research, quality student-faculty engagement and a nurturing environment. I invite you to become a part of the SSU family. Please continue your exploration of Savannah State University - both on the Web and in person – and share our excitement.

Mission

Savannah State University, the oldest public historically black university in the State of Georgia, develops productive members of a global society through high quality instruction, scholarship, research, service and community involvement. The University fosters engaged learning and personal growth in a student-centered environment that celebrates the African American legacy while nurturing a diverse student body. Savannah State University offers graduate and undergraduate studies including nationally accredited programs in the liberal arts, the sciences and the professions.

Vision

Savannah State University will become the institution of choice in our region, where students maximize their potential in a nurturing environment that embraces social and intellectual diversity. The university will create an efficient, student-centered culture, responsive to the needs of its stakeholders, supportive of ideals and ethical verities, and loyal to its rich legacy and heritage.
You are required to commit to memory the following two songs. You may be asked to recite the words to both as part of your tryout evaluation.

**Savannah State University Hymn**

*Written by J. Randolph Fisher and Hillary Hatchett*

Let us give thanks and praises to
Our Alma Mater, S.S.U.
Thine honor, pride and eminence,
We raise in prayerful reverence.
Guide us still from day to day.
Be Thou mindful lest we lost our way;
Help us know that life, short or long,
Means unceasing work for weak and strong.

Refrain

Where Savannah meets the sea,
Where grassy plains and palms abound
Where the Flow’rs are gems of loveliness,
There S.S.U. is found.
We adore each beauteous scene and hall,
Our all we pledge to Thee!
In our hearts we’ll build a shrine for You
We hail Thee, S.S.U!

*Lyrical Revision by Ms. LaGina M. Frazier*

**Savannah State University Fight Song**

*Written by: Alzie Walker*

We are the Tigers of Savannah U,
We’ve come to fight for victory.
Our team is strong; we’ll fight hard through and through,
‘Cause victories our guar’ran’tee.
We are the Tigers wearing Orange and Blue,
We won’t give up until we win.
We came to fight - YEAH!
Win - YEAH!
So let’s be’gin,
We are the Tigers of SSU!